

**Client-Doula Agreement**

As your family Doula I want to express the services provided by me, during pregnancy, labour, birth and postpartum. This agreement covers all aspects of the Client-Doula relationship during pregnancy, labour, birth and postpartum. I will assist and guide wherever possible to my experience and training. However, I am not a qualified medical practitioner. The client’s family doctor, medical specialist or nurse practitioner must handle all medical-related matters.

Doula services include:

* Complimentary consult.
* 2 pre-natal appointments, at 30-32 weeks, and 36-38 weeks.
* 1 post-natal appointment, usually 2-3 days after birth
* We will create a birth plan to identify needs and comfort measures.
* Post-natal follow-up on breast-feeding, to ensure everything is emotionally and physically on the right track.
* Emotional support and guidance via email or cell phone, as many times as needed before birth, with the understanding that I will get back to you as soon as I can, guaranteed within 48 hours.
* 24/7 pre-birth support for the 2 weeks leading up to your estimated due date. This includes labour related concerns, or anything else that may come up with pregnancy.
* After birth, I will remain by your side for 1-2 hours, until you are comfortable and need quiet family time.
* I become on call for you immediately postpartum for support 24/7 the first week. This includes sleeping, and feeding concerns, breastfeeding issues, and other non-medical concerns. Please call me whenever needed!
* Additional pre and post-natal appointments are available for the added cost of $75 a visit. These could run anywhere form 1-2 hours (1 additional postpartum visit is complimentary if you need).

In order to do my best, I want to be kept in the loop on how you are feeling. If immediate (non-medical) support is required for imminent labour, I will be there for you within 1.5 hours at the most, meeting you at your location preference.

Communication is key! Please keep me informed. Especially with results from doctor visits, any false labour alarms, or possible emotional concerns. Please call me when you think you are in labour. Even if you are fine at home, and do not yet need my support. I want to be kept in the loop on how you are feeling, and be able to make suggestions over the phone. If you do feel as though you need immediate support from me, approximately 1.5 hours is needed for me to get to you.

Remember, I am there for you! Feel free to discuss any concerns with me, that may come up within your pregnancy and I will answer to the best of my knowledge, and training. Sometimes, additional research is required, but rest assured, I will get back to you as soon as possible.

I am not medically certified and cannot perform clinical tasks such as blood work, blood pressure, fetal heart monitoring, vaginal checks, etc. I cannot make medical decisions on your behalf, and cannot speak to hospital staff or midwives on your behalf.

I will help keep you and your birth plan on track. I will provide the emotional and physical support you need and be an advocate on your behalf where needed. I will get the information you need to make informed decisions. I will discuss concerns with you and offer suggestions and explanations. But it is ultimately your and your partner’s responsibility to make all final decisions.

I am there for you if a caesarean section is required. Most hospitals only allow one support person in the operating room. Some mothers would prefer their partners with them at this time. However, if your partner is not available or unwilling, I will be there to support you during the surgery, and/or in the recovery room. I will also provide non-medical support for 1-2 hours after birth if required.

In the very unlikely event that I cannot attend your birth by extraordinary circumstances beyond my control, I will make every possible attempt to contact you in advance. If such case exists, I will make every effort to present other options to support you. This may include a back-up Doula (a trained and experienced colleague) who is selected in advance to act in my place. If the labour last less then 1 hour, and I unable to reach you before baby’s birth, I will meet you at your home or hospital as soon as possible.

**Fees**

Full Birth Package

* The cost of a Full Birth Package is $850
* $450 is due upon the signing this agreement.
* $300 is due upon the first prenatal visit.
* The remaining $100 is due the week before the estimated delivery date, when I am to go on call.

Administrative

* HST must be charged to all fees listed above, as required by law.
* Fees are payable by cheque made out to Natural Start, Wellness Birthing. NSF charges will result in an additional charge of $35 for each instance.
* There are no refunds.

I (We) have read this service agreement describing our Doula (Tori Cooper) services as a Birth Doula and agree that this reflects the discussion I/we had with her.

**Client(s)**

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Print Name Print Name

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Signature Signature

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I truly look forward to working with your family throughout this most special time in your lives, and thank you for allowing me to be apart of it.